

7 Field Representatives.

354 Rec. Commissioners. except Victoria.

Library - books (Victoria) films (Vancouver)

Blind (CNIB) Recreation man.

1) Grant to Community employing Rec. Director.
\$1500 (up to)

- Based on experience \$75 3 yr. exp. a mo.

\$100 - 5-5 yr. exp.

\$125 - U. training

Asst director \$25-\$75. trained leader.

To help w. expenses

$-\frac{1}{3} - \frac{2}{3}$ grant.

2) Leadership. 1) Clinics. (110 a yr)

2) Regional Workshops (2-3 days)

3) Pm. Summer School (coaching).

3) Pm. + Zone Conferences.

Salaries \$3600 - \$9600. Medium. \$4500 - \$7500

T.K. Austin. Illinois 14-item Motor Fitness Test.

CAHPER. 1933.

CAHPER Health, P.E. R. Toronto

- 1) Board of Directors - elected.
- 2) Rep Council 800 members
- 3) General Assembly.
- 4) Member at large.

1) Board - elected by members of Nat. Body.
- 2 yrs. term.

- 1963-65 Pres. Dr. Max Howell W. of A.

Pres - elect. Prof. John Parsonell.

Coll. of Educ. Toronto

- 3 Vice Pres. Health Educ. Ray Speiss
P.E. Michael Yehang.
REC. Roger Dion

Felt & Am. Sports
Institute.

- Chairmen of committees.

- Membership - Arthur Walsh.

- Affiliations - Dorothy Walker. Halifax.

- Finance - N A Beech. Toronto.

- Publications - J. L. Life. Ont. Coll. Ed.

- Speakers Bureau - Anne Hupé.

2) Representative Council

- Branch reps. elected. (25 in Canada)

- rep. by no. (1 Vancouver. 1 Victoria)

- under 20 - 1 rep. to council

- 20 - 35 - 2 reps. to council

- over 35 - 3 reps.

- elected at Biennial Convention.

- any prof. group can form a branch.

3) General Assembly

- Messes. Secret ballot by mail

- Questions from floor.

521

4) Member at large - Miss Pat Walker.

P.T. Executive Secty. C R Blackstock
+ Secty. Swimming + Water Safety Council. Red Cross.

- Reviews
- 1) Distributes books + manuals.
Gr. Div. P.E. (Ont. Dept of Educ. Grades 4, 5, 6)
P.E. Primary Grades. " 1, 2, 3.
 - 2) Book lists of P.E. Gr. Britain + N. Ireland.
 - 3) Pub. Can. book. rules for women.
 - 4) Pub. C.I.A.U. (Int'nl. athletics)
 - 5) RCAF handbooks.
 - 6) In Prep. Canadian P.E. text.
 - 7) Bill C. 131.

Items Joint Committee with Can. Medical Assoc.
Hill of Kintail. ↓
R. Tait McKenzie. Birthplace
Journal 6 a year.
'Breathlessness', 'Fatigue' (Risks)
'Joy through Effort'

Book Awards. Comm

Constit. changes - Professional rating.

U. Committee Problems of P.E. at U. level.

1) Standards, entrance exam.

Committees can be established.

1963.

BCPET A

P.E. Teachers' Assoc.

- Money
- 1) - Groups may appeal for money grants (Agencies)
(activity must have physical basis)
 - 2) - Fed. + Prov. govt sign agreements for term 3-6 yrs.

Federal - Under Dept of Health + Welfare.

1943. Nat. Physical Fitness Act.

1953. P. F. Council. \$250,000 annually.
(225,000 allotted to Provinces)

(Act rescinded in 1953) without complaint

(Osborne article) (Dec. 1961 - Jan. 63. P. 16. Fed. lead. Training)
(Casper Journal)

Sep. 1961. Bill. C. 131. (Conservative) \$5 million.
(Act to encourage fitness + Amateur Sport)

Deputy - Dr. Willard

Consultant - Dr. Boris Plesnes

Fitness and Amateur Sport Directorate.

- Mr. Roger Dion

- Director under Deputy ^{Min.} (J. La M.) + (Dr. Willard)

- Influences - Games Dept. (Fish + Games P.)
Armed Forces

Dept. of Agriculture

1) National Advisory Council in Fitness + Am. Sport)

not more than 30 members

1) Coaches, instructors, encouragement of sports.

2) Research or surveys \$150,000

3) nat. + regional conferences.

term not more than 3 yrs

4) cert. citations, awards of merit.

5) bulletins, aid groups, govt co-op.

6) - general help.

reps. from prov. on pop. April 1 - March 31. \$2 M. 1963.

(can be paid)

29 members + 1 chairman - Ken. P. Farmer.

B.C. " Mr. AM. McCann. (3 yr)

" Mr. B. Osborne. (2 yr)

Cross-section of P.E. + sports. Mrs. Hay Brown.

- Good govt support - sub-councils.

- Meet 2 times a yr. at Ottawa.

or sport governing bodies.

- Organization applying for grants must be on national basis. (baseball, softball not so)
- Y's Boys Clubs, Youth Hostel Assoc. may be considered for grants. (fitness + sport)
- CAPWR, Fish, Game + Wild Life Assoc. can be considered.
- CAPWR. (\$20,000) 1-shot grant to help against
- B.C. may get grant from Community Prog. Branch (Prov.) for instructional purposes.
- Submit a budget, expected income (gate receipts clinics, or outright grant, or loan w. return.
- Audited by govt, national + prov.

Grants.

AAU trials, Olympic presentation + Buff.
canoeing, archery, golf, lawn bowling, tennis,
table tennis, yachting, YHA, baseball.
Can begin track + field, Y's, R. L. S. Soc.
CA Hockey A. - ice hockey clinics.

- 1 grant given only for 1 year.

Lucas, 'A Short History of PE'

Primitive man. 5000 yr. ago.

- Biological development of man, weapons for food, war, games of skill + testing.
- Indians in Canada (100 yr. ago) similar.
- Dancing - 1) Religious - moods + backgrounds.
2) Military - war drills for courage
Football huddle (modern)
3) Devotions to gods - rain.

(Modern Maori dance - N.Z. rugby team)

B.C. - totem poles.

1. Mexico. From 1800 - 1965.

1810. Spanish rule finished 1810.

1810 - 1910. National Formation. Republic.

1874 Education - free, secular & compulsory.

1910 - Social revolution. Rev. of 1910.

1917 Constitution of 1917.

29 states

2 territories

1 Federal district.

Govt. Pres. elected 6 yr.

Cabinet 13 sects

Congress. + Chamber of Deputies.

1900. Nat. U. of Mexico. (1 of 15)

Schools

UNESCO. Literacy, Pilot Plan.

Sports. Olympics.

Facilities

Outdoors

Parks + playgrounds

1932. Mexican Sports Confederation. (28)

na. Nat. Sports Director.

(empress Hen. Olympic Comm.)

Under Sec. of Public Education.

Recreation. Exercise of body & mind made to
please ourselves, as a diversion. ~~for~~
+

Conclude - What we do, because we want to do it.

P.E. Education through predominantly physical activities - producing physical, mental, emotional, social + spiritual growth + development.
Objective - the physical fitness of body, mind, spirit.
"Family that plays together etc."

Canada

Federal

Provincial

Gov't

Common. Programmes Branch. - Rec. Commissions
Vancouver. BCRA CAHPER BCPEA

P

Educ.

U.S. Sec. + Elem. Schools

French + English schooling

Can. Inter-Collegiate Athletic Union

1943 - National Physical Fitness Act.
Money grants to Prov. w. agreements.

1961 - Bill C 131.

History

1862. McGill Mr F S Benjamin.

1888. James Naismith

1890. R. Tait McKenzie

1912. A S Lamb. "Father of Can. P.E."

1933. 3 yr. course.

1945. B.P.E.

{ also Toronto.

Queens, Western, Alberta, BC. 2 French U.

1933. Can. P.E. Assoc.

1950. Incomp.

lacrosse, ice-hockey, cricket, rugby, soccer.
(1840)

Private Org.

YM + YWCA. Comm. Chest agencies.

Boys clubs, Cadets, Alpine club etc.

Private family clubs, links + pools.

Junior devel. programmes - tennis, golf.

"MIND + BODY"

Dr. R. Tait McKenzie

1867-1938.

McGill U. 1890-1904

Dr. A.S. Lamb 1912-
McGill

1st Med Director of P.E.
in Canada.

McKenzie Dr. P.E. sculptor. Penn U.

1909. Mercure in Educ. + Medicine

"Broad education + open mind to science"

"Law of physical evolution"

1912. Gold medal - Queen of Sweden

(Dr. Wm. Gibson) "The Sprinter" "War Memorial" "Globe"

"The Athlete" "Wolfe" "Self-knot"

4 Hacks 1) "Effort" 2) "Inhaustion" 3) "Fatigue"

4) "Breathlessness"

"The Ice Bird" "The Onslaught"

"Victory" "Pole-Vaulter" "Juggler" "Volunteer"

"Brothers of the Wind" "Iceberg" "The Homecoming"

"The Joy of Effort" "The Flying Sphere" "Contingency"

"Kintail" "Major Leaps" "Spirit of Nursing"

McKenzie Linked US Canada G.B. France spiritually

- P.E. medical ^{surgeon} sculptor

"Tait McKenzie - A Sculptor of Youth"

Chris. Huxley

- Almonte, Ont. (Ottawa)

- War - 1) Rehab. of wounded. British Army.

2) P.E. standards raised

- Believed in character. Went to surgeon & to
Scotland

- U. of Toronto. CAAPER + Amero C. addresses.
(Honor Society)

- Pursued beauty, perfection, ideals.

"caught the spirit + vision"

1904 - Penn U. P.E. chair.

"The Hill of Kintail" near Almonte, Ont. Originals in Museum

70. 1. Write an essay on the development of P.E. & Rec in any nation country (since 1800) except Canada.
10. 2. Write an essay illustrating your understanding of the origin, development, & significance of the Olympic Games of the modern era.
25. 3. Define P.E. & indicate briefly its aim in Canadian society. How do sports & private organizations contribute to the development, maintenance, & promotion of P.E. & Rec in Canada? Illustrate your answer where appropriate by specific references to agencies, associations & individuals.
5. 4. Identify & write brief notes on -
1. R. Tait McClung
 2. A. S. Lamb
 3. F. I. E. P.
 4. Luther Gulick
 5. Haja Carlquist
- (Review of Swedish gym. 20th - cent.)

Socrates . Knowledge + virtue .

Plato . Education for state . Music + literature .
Body + mind + morals .

Circles as well as boys .

Military training $\left\{ \begin{array}{l} \text{muskets} \\ \text{arms} \end{array} \right.$

War games - all life . $\left\{ \begin{array}{l} \text{muskets} \\ \text{arms} \end{array} \right.$

Aristotle . Sports for health, beauty, strength
+ agility .

Ephesus College - more disciplined . 335-300 .
- military education .



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